



Post Operative Oral Sedation Instructions

Your child must be watched closely for the next few hours.

Please follow these guidelines:

1. Your child may be disoriented and stagger while walking for the next few hours. Watch closely and do not leave your child unsupervised for the rest of today. Allow them to rest and/or sleep. Your child should be able to return to school or day-care tomorrow.
2. A second responsible person must watch your child in the car while driving home.
3. Do not allow your child to sleep with the chin dropped towards the chest - this could prevent adequate breathing.
4. Your child's stomach may feel upset for the next few hours. If vomiting occurs, keep your child's throat clear by holding the head down or to the side during vomiting.
5. Give clear liquids and soft foods today following the appointment. Milkshakes, yogurt, Jello, mashed potatoes, etc.
6. Watch for lip/cheek/tongue biting or picking at the face due to the numbness from the local anesthetic.
7. If your child has difficulty breathing today, call our office at once, at the numbers listed above during the weekday office hours. During evenings or weekends call (509) 670-7065, our after hours operator. If this is not possible, you should seek emergency medical assistance.

General Dentistry for Children & Young Adults

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